

Psychiatry

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Department of Psychiatry

Steven A. Epstein, M.D., Chair

phone: (202) 784-0682
fax: (202) 687-6658
appointments: (202) 687-8609
after hours: (202) 687-8609

LOCATION

Kober-Cogan Building, 5th Floor
3800 Reservoir Road, NW
Washington, DC 20007

Clinical Programs & Services

Behavioral Medicine Program (202) 687-8609

This program provides outpatient-based cognitive-behavioral treatment of patients with chronic medical conditions and anxiety and depressive disorders.

Contact name: Carrie Holl, Psy.D.

Appointment line: (202) 687-8609

Appointment hours: Thursday 9:00 a.m. – 4:00 p.m. and
Friday, 9:30 a.m. – 3:30 p.m.

Child/Adolescent Psychiatry (202) 687-8609

This service provides outpatient evaluation and treatment for children, adolescents, and their parents. Individual, group, family and pharmacotherapy are available. Treatment is provided for problems ranging from minor adjustment disorders to severe emotional disturbances.

Contact name: Caroline Sehon, M.D.

Appointment line: (202) 687-8609

Appointment hours: Tuesday – Friday, 8:00 a.m. – 5:00 p.m.

*Clinical Programs & Services, continued***Consult Liaison Service** (202) 687-3116

This service specializes in the evaluation and treatment of hospitalized patients at GUH who have concomitant medical and psychological problems. Each patient is carefully evaluated for medical and psychiatric history. Medical charts are reviewed extensively and the referring physician is contacted in order to facilitate collaborative care. A psychiatric consultation may be obtained on a 24-hour basis including weekends and holidays.

Contact name: Daniel Hicks, M.D., Director

To obtain a consult: (202) 405-1217

Appointment hours: 24 hours a day, 7 days a week.

General Adult Outpatient Psychiatry Program (202) 687-8609

The adult clinic offers psychiatric evaluation and therapy for patients 18 and older. Individual, group, family and pharmacotherapy are available. Short- and long-term outpatient treatment is available, depending on patient needs.

Contact name: Mayada Akil, M.D.

Appointment line: (202) 687-8609

Appointment hours: Monday – Friday, 8:30 a.m. – 5:00 p.m.

Geriatric Psychiatry Service (202) 687-8609

This program provides psychiatric diagnostic evaluations, consultations and ongoing treatment to patients 65 and older with symptoms including depression, dementia and other psychiatric disorders.

Contact name: Giovanna Morena, M.D.

Appointment line: (202) 687-8609

Appointment hours: Tuesday and Thursday, 10:00 a.m. – 4:00 p.m.

Inpatient Psychiatric Unit (202) 444-2231

This unit provides short-term psychiatric hospitalization for patients 18 and older. The unit specializes in treatment of patients with comorbid medical and psychiatric diagnoses. The multidisciplinary approach includes pharmacotherapy; individual, group and family psychotherapy; and psychological and neuropsychological assessment. Patients are admitted on a voluntary basis. Upon discharge, patients may be transitioned to the Psychiatric Partial Hospitalization Program, where they will continue care with the same treatment team.

Contact name: Alan Newman, M.D.

Appointment line: (202) 444-2231

Appointment hours: 24 hours a day, seven days a week.

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Clinical Programs & Services, continued

Medical Illness Program (202) 687-8609

This program specializes in the psychiatric evaluation and treatment of patients with concomitant medical and psychological problems. Each person is carefully evaluated with a clinical history of medical and psychological problems. Medical charts are reviewed and the referring physician is closely consulted in order to facilitate collaborative care. The program is open to patients suffering from emotional disorders secondary to serious physical illnesses.

Contact name: Steven Epstein, M.D.; Daniel Hicks, M.D.

Appointment line: (202) 687-8609

Appointment hours: Thursday, 9:00 a.m. – 12:00 p.m.

Mood and Anxiety Disorders Program (202) 687-8609

Mood and anxiety disorders are very common problems that affect people's quality of life, personal relationships, productivity and general health. The Mood and Anxiety Disorders Clinic at the outpatient program at Georgetown University Hospital provides diagnostic evaluations, treatment recommendations and second opinions for adults between the ages of 18 and 65. Patients with depression, bipolar disorder, panic disorder, obsessive compulsive disorder or other mood and anxiety disorders can benefit greatly from professional diagnostic evaluations and multidisciplinary treatments which are compassionate and evidence-based.

Contact name: Mayada Akil, M.D.

Appointment line: (202) 687-8609

Appointment hours: Thursday, 9:00 a.m. – 12:00 p.m.

Performing Arts Program (202) 687-8609

This program offers psychiatric assessment and treatment of dancers, musicians and actors. The primary modalities of psychopharmacology and psychotherapy are used to address the special needs of people in the performing arts.

Contact name: Judith Kupersmith, M.D.

Appointment line: (202) 687-8609

Appointment hours: Wednesday and Thursday, 8:30 a.m. – 5 p.m.

Psychiatric Partial Hospitalization Program (202) 444-3960

This center, located at Georgetown University Hospital, provides intensive outpatient psychiatric care for patients requiring a structured day program. Services include diagnostic evaluations, crisis intervention, medication management and group therapy. For those patients that require eventual psychiatric hospitalization, physician continuity is maintained during their hospitalization at Georgetown.

Contact name: John Little, M.D.

Appointment line: (202) 444-3960

Appointment hours: Monday – Friday, 9:30 a.m. – 3:30 p.m.

*Clinical Programs & Services, continued***Psycho-Oncology Service** (202) 687-8609

This program offers adult outpatient psychiatric treatment for patients suffering from oncologic conditions. Referring physicians are closely consulted in order to facilitate collaborative care.

Contact name: Carol Alter, M.D.

Appointment line: (202) 687-8609

Appointment hours: Tuesday and Thursday, 11:00 a.m. – 3:00 p.m.,
Wednesday, 9:30 a.m. – 12:30 p.m.

Psychopharmacology Consult Clinic (202) 687-8609

The department's Psychopharmacology Consult Clinic offers thorough psychiatric diagnostic evaluations with accompanying treatment recommendations, as well as second opinion consults. Referrals are provided for appropriate follow-up care, including medication management and/or therapy.

Contact name: Wendy Zack, L.C.S.W.

Appointment line: (202) 687-8609

Appointment hours: Tuesdays and Thursdays 10am – 4pm

Trauma and Loss Program (202) 687-8609

The Trauma and Loss Program provides individual psychotherapy and psychopharmacological treatment for adults coping with single episode traumatic experiences, such as assault, mugging, loss of a limb, and bereavement and/or complex trauma, including childhood physical and sexual abuse, domestic violence and political violence.

Contact name: Janice Krupnick, Ph.D.

Appointment line: (202) 687-8609

Appointment hours: Tuesday and Thursday, 11:00 a.m. – 3:00 p.m.;
Wednesday, 9:30 a.m. – 12:30 p.m.

*Physician Listing***Steven A. Epstein, M.D.** (202) 687-8869

Pager: (202) 405-1140

Title: Professor and Chair, Department of Psychiatry

Degree: University of Pennsylvania, 1985

Internship: VA Medical Center, Boston, 1986

Residency: Tufts-New England Medical Center, 1989

Fellowship: Georgetown University Medical Center, 1990

Certification: Psychiatry and Neurology, 1990

Special interests:

- Depression in the medically ill
- Psychosomatic medicine

PSYCHIATRY

Physician Listing, continued

Mayada Akil, M.D.

(202) 687-2192

Pager: (202) 405-1204

Title: Director, Outpatient Programs, Department of Psychiatry

Degree: Damascus University School of Medicine, 1982

Internship: Henry Ford Hospital, 1985

Residency: University of Michigan, 1989

Fellowship: University of Pittsburgh, 1991

Certification: Psychiatry and Neurology, 1990

Special interests:

- Mood and anxiety disorders

Carol Alter, M.D.

(202) 687-1357

Pager: (202) 405-1161

Title: Clinical Associate Professor, Department of Psychiatry

Degree: George Washington University, 1985

Internship: Mayo Graduate School of Medicine, 1986

Residency: New York Hospital Cornell University School of Medicine, 1989

Fellowship: Memorial Sloan-Kettering Cancer Center, 1989

Certification: Psychiatry and Neurology, 1990

Special interests:

- Psychosomatic medicine
- Psycho-oncology

Jennifer Babcock, Psy.D.

(202) 687-2161

Pager: (202) 405-2591

Title: Psychologist, Department of Psychiatry

Degree: George Washington University, 2005

Special interests:

- Child and adolescent psychiatry

Matthew Biel, M.D.

(202) 687-8188

Pager: (202) 405-2601

Title: Pediatric Consult Physician, Department of Psychiatry

Degree: Mount Sinai School of Medicine, 2002

Internship: NYU School of Medicine, 2003

Residency: NYU School of Medicine, 2005

Fellowship: NYU School of Medicine, 2007

Certification: Psychiatry and Neurology, 2007

Language: Spanish

Special interests:

- Child and adolescent psychiatry

*Physician Listing, continued***Kimberly M. Davis, Ph.D.****(202) 687-6925**

Pager: (202) 405-1402

Title: Psychologist, Department of Psychiatry
 Degree: Washington University, 2000
 Fellowship: Psychosocial Oncology, Evanston Northwestern Healthcare, 2001
Special interests:

- Psycho-oncology

Richard L. Goldberg, M.D.**(202) 444-2372**

Pager: (202) 405-3371

Title: Professor, Department of Psychiatry
 Degree: Georgetown University School of Medicine, 1972
 Internship: Georgetown University Medical Center, 1972
 Residency: Georgetown University Medical Center, 1975
 Certification: Psychiatry, 1977; Geriatric Psychiatry, 1991, 2001
Special interests:

- Consultation/liaison
- General adult psychiatry
- Geriatric psychiatry
- Psychopharmacology

Daniel W. Hicks, M.D.**(202) 687-3116**

Pager: (202) 405-1154

Title: Assistant Professor, Department of Psychiatry;
 Director, Consult Liaison Service
 Degree: Indiana University, Indianapolis, 1976
 Internship: Indiana University Hospital, Indianapolis, 1977
 Residency: Indiana University Hospital, Indianapolis, 1979
 Certification: Psychiatry and Neurology, 1983
Special interests:

- AIDS/HIV
- Coping with medical illness
- Psychopharmacological maintenance
- GLBT issues

Carrie E. Holl, Psy.D.**(202) 687-2667**

Pager: (877) 503-4220

Title: Clinical Psychologist, Department of Psychiatry
 Degree: Pepperdine University, 1998
 Internship: VA Medical Center, 1998
 Fellowship: Johns Hopkins University, 1999
Special interests:

- Cognitive-behavioral therapy for depression and anxiety
- Behavioral medicine/coping with medical illness

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Physician Listing, continued

George S. Kolodner, M.D. **(202) 784-3820**

Title: Clinical Assistant Professor, Department of Psychiatry;
Medical Director, Substance Abuse Program

Degree: University of Rochester, 1967

Internship: George Washington University Hospital, 1968

Residency: Yale University School of Medicine, 1971

Certification: General Psychiatry, 1974; Addiction Psychiatry, 2002

Special interests:

- Chemical dependence

Janice Krupnick, Ph.D. **(202) 687-1496**

Title: Research Professor, Department of Psychiatry

Degree: University of California, Berkeley, 1988

Fellowship: Mt. Zion Hospital, San Francisco, 1977

Special interests:

- Trauma and loss
- Psycho-oncology
- Mood disorders

Judith Kupersmith, M.D. **(202) 687-0025**

Pager: (202) 405-1216

Title: Professor of Clinical Psychiatry, Department of Psychiatry;
Director, Performing Arts Program

Degree: New York Medical College, 1969

Internship: Pediatrics, Metropolitan Hospital and Medical Center, 1970

Residency: Montefiore Hospital and Medical Center, 1973;
Boston City Hospital, 1972

Fellowship: Harvard Medical School, 1972

Certification: Psychiatry and Neurology, 1977

Special interests:

- Performing arts

John Little, M.D. **(202) 687-1761**

Pager: (202) 405-1243

Title: Director, Partial Psychiatric Hospitalization Program

Degree: Baylor College of Medicine, 1986

Internship: Tufts University School of Medicine, 1987

Residency: Boston University School of Medicine, 1990

Fellowship: National Institute of Mental Health, 1994, 1997

Certification: Psychiatry and Neurology, 1991

Special interests:

- Geriatric psychiatry

*Physician Listing, continued***Avram Mack, M.D.****(202) 687-2669**

Pager: (202) 405-1614

Title: Assistant Professor of Clinical Psychiatry, Department of Psychiatry
 Degree: Cornell University Medical College, 1998
 Internship: Harvard Longwood, 1999
 Residency: Harvard Longwood, 2001
 Fellowship: Columbia University/New York State Psychiatric Institute, 2003;
 New York University/Bellevue Hospital, 2004
 Certification: Psychiatry, 2003; Psychiatry and Neurology, Child and Adolescent
 Psychiatry, 2003

Special interests:

- Child and adolescent psychiatry
- Forensic psychiatry

Giovanna Morena, M.D.**(202) 687-2159**

Pager: (703) 706-6027

Title: Assistant Professor of Clinical Psychiatry;
 Director, Geriatric Services
 Degree: Universidad del Noreste, Tampico, Mexico, 1986
 Internship: New York Medical College, 1987
 Residency: SUNY Stony Brook Hospital, 1991
 Fellowship: Georgetown University Medical Center, 1992
 Certification: Psychiatry and Neurology, 1993;
 Psychiatry, Neurology and Geriatric Psychiatry, 1996
 Languages: Spanish, Italian

Special interests:

- Geriatric psychiatry

Alan Newman, M.D.**(202) 687-8537**

Pager: (202) 405-1171

Title: Associate Professor of Clinical Psychiatry, Department of
 Psychiatry; Medical Director, Inpatient Unit; Director, Residency
 Training Program
 Degree: University of Arkansas for Medical Sciences, 1993
 Internship: University of Arkansas for Medical Sciences, 1994
 Residency: University of Arkansas for Medical Sciences, 1997
 Fellowship: Tulane University School of Medicine, 1998
 Certification: Psychiatry and Neurology for Psychiatry and
 Forensic Psychiatry, 1999

Special interests:

- Inpatient and partial treatment
- Forensic psychiatry

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Physician Listing, continued

Maheen Patel, M.D.

(202) 687-4098

Pager: (202) 405-1208

Title: Associate Director, Mood and Anxiety Disorders Clinic

Degree: MCO Hahnemann School of Medicine, 2002

Internship: Georgetown University Hospital, 2003

Residency: Georgetown University Hospital, 2006

Special interests:

- Mood and anxiety disorders
- Psychopharmacology

Phillip Perez, M.D.

(202) 687-6655

Pager: (202) 405-3298

Title: Associate Director, Inpatient Unit;
Associate Director, Residency Training Program

Degree: Case Western Reserve University, 1997

Internship: Cleveland Clinic Foundation, 1999

Residency: Duke University Medical Center, 2006

Fellowship: Georgetown University Hospital, 2007

Languages: Spanish, Portuguese, Italian, French

Special interests:

- Psychosomatic medicine

Barbara Roberts, Ph.D.

(202) 687-2851

Pager: (202) 405-1615

Title: Clinical Associate Professor, Department of Psychiatry

Degree: The University of Oklahoma, 1971

Special interests:

- Substance abuse

Caroline Sehon, M.D.

(202) 687-0794

Pager: (202) 405-1624

Title: Clinical Assistant Professor, Department of Psychiatry;
Chief, Child and Adolescent Program

Degree: University of Manitoba, 1988

Internship: University of Manitoba, 1989

Residency: Child and Adolescent Psychiatry Residency, Children's Hospital
and George Washington University School of Medicine, 2000;
Community Medicine Residency, University of Manitoba, 1995;
Psychiatry Residency, University of Manitoba, 1993

Fellowship: Baltimore-Washington Institute for Psychoanalysis, 2000

Certification: Psychiatry and Neurology, Adult Psychiatry, 2000; Child and
Adolescent Psychiatry, 2001

Special interests:

- Child and adolescent psychiatry

*Physician Listing, continued***John Siberski, S.J., M.D.****(202) 784-3382**

Pager: (202) 405-1349

Title: Associate Professor, Medical Educator track,
Department of Psychiatry

Degree: Temple University School of Medicine, 1975

Internship: Geisinger Medical Center, 1976

Residency: Temple University Hospital, 1992

Fellowship: Massachusetts General Hospital, 1993

Certification: Psychiatry and Neurology, 1993

Special interests:

- Geriatric psychiatry

Sheila Sontag, M.D.**(202) 363-0050**

Pager: (202) 405-1983

Title: Clinical Assistant Professor, Department of Psychiatry

Degree: George Washington University, 1988

Internship: Georgetown University Medical Center, 1988

Residency: Georgetown University Medical Center, 1992

Fellowship: Johns Hopkins Hospital, Child Psychiatry, 1994

Certification: Psychiatry and Neurology, 1995

Special interests:

- Child and adolescent psychiatry

*Social Worker Listing***Hope Grande, L.C.S.W.****(202) 687-8287**

Title: Clinical Social Worker, Department of Psychiatry

Degree: Columbia University, M.S.W., 1990

Internship: Payne Whitney Psychiatric Clinic, 1990

Special interests:

- General adult psychotherapy

Babette Wise, L.C.S.W.**(202) 687-8678**

Title: Assistant Professor and Clinical Social Worker, Department of Psychiatry

Degree: Catholic University of America, L.C.S.W., 1981

Internship: Georgetown University Medical Center, 1981

Special interests:

- Alcoholism and drug abuse
- Spouses of substance abusers

Wendy Zack, L.C.S.W.**(202) 687-6647**

Title: Clinical Social Worker, Department of Psychiatry

Degree: McGill University, 1986

Special interests:

- Mood and anxiety disorders

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Voluntary Clinical Faculty Listing

Howard S. Benensohn, M.D. (202) 244-5511

4545 Connecticut Avenue, NW, Suite 306
Washington, DC 20008

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Washington, DC 20009

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